

MEDesign® Natural Wheat Bags

Product Reference NWBS & NWBL



Description

These Wheat Bags are designed to treat specialised complaints such as back pain, knee injuries and joint disorders.

Their design enables them to deliver warmth and soothing heat to the exact point where it is needed whilst still allowing full freedom of movement to the user.



Microwave Heating Instructions

Remove outer cover and heat inner bag as follows:

	Power Rating	Heating Time
Small (NWBS) per pair	650 w	max 1 minute
	800 w	max 40 seconds
Large (NWBL)	650 w	max 2.5 minutes
	800 w	max 2 minutes

(for a microwave with a turntable on full power)

Heating times can be varied to suit personal comfort and individual preference. But, to avoid damage to the materials, **the recommended heating times must not be exceeded.**

For a moist heat, and also to help increase the life of the inner bag, occasionally place a half cup of cold water in the microwave when heating.

The Wheat Bag can also be used as a cold pack by putting the inner bag inside a plastic bag and freezing for at least one hour.

Warning

If you are not sure about using this product, please consult your doctor.

Do not leave with unattended young children.

Do not exceed the recommended heating times.

Always allow the wheat bag to return to room temperature before reheating.

Leave to cool in a safe place on a non-combustible surface and do not store until cold.

Do not wash the inner bag. All materials are for therapeutic use only and are not for human consumption.

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