

## MEDesign® Slide Sheets

Product Reference: See below



### Description

The Unislide and Multislide slide sheets are fabric tubes with a low friction surface inside and a normal surface outside. They enable the repositioning of a patient without the need to lift. Available in various sizes, they are commonly used for turning, repositioning and moving a patient up the bed to a sitting position. The low inner friction allows patients to be moved easily in any direction on the bed and reduces the shearing forces on the patient's skin.

	Unislide	Multislide
Standard (Colour: Blue)	US1: 122cm (48") x 71cm (28")	MS1: 122cm (48") x 71cm (28")
Long (Colour: Green)	US2: 145cm (57") x 71cm (28")	MS2: 145cm (57") x 71cm (28")
Wide (Colour: Red)	US3: 122cm (48") x 100cm (39.5")	MS3: 122cm (48") x 100cm (39.5")
Compact (Colour: Navy Blue)	Not Applicable	MS4: 72cm (28") x 70cm (27")

The Unislide sheet slides in both directions along its length but does not slide across its width.

The Multislide sheet incorporates a lower friction (i.e. higher degree of glide) and slides in all three directions. This can be of help in particular circumstances or when only one carer is available.

### Patient Turning:

Ensure that the hip and shoulder areas will be on the slide sheet then roll the patient onto it. Take hold of the slide sheet close to the patient's hip and shoulder and pull outwards and upwards in a smooth movement which will turn the patient onto their side. Alternatively, first slide the patient across the bed and then roll them onto their side. To remove the sheet, take hold of the bottom layer and gently work it out from beneath the patient.

### Moving a patient up the bed:

If the patient can maintain a sitting position then the slide sheet should be positioned under and between the hips and heels. If the patient cannot sit, the sheet should be positioned under the shoulders and hips with the heels and head supported. Then using an approved handling technique, slide the patient up the bed.



### Safety Checklist

The slide sheet should be removed after use and not left in place under the patient. Ensure that the patient's heels are protected from shearing stresses during any repositioning. Ensure that the sheet is not damaged or frayed. Ensure that the equipment is suitable for the client. Remove from service immediately if there is any sign of damage or fraying of the fabric. If in doubt do not use.

### Care & Cleaning

The sheet may be washed at 71 degrees or autoclaved. For sterilisation it may be wiped with Sodium Dichloroiso-Cyanurate or Sodium Hypochlorite then rinsed with water and hung up to dry. The slide sheet should be cleaned on a regular basis and/or after known contamination.

### Caution

The risks associated with moving and handling patients are complex. Approved handling techniques must be used and then only after a full assessment of the patient, the task and the particular environment in which the procedure is to take place. This assessment supersedes the general instructions in any literature. MEDesign® cannot accept responsibility for any consequences which may result from decisions made solely upon the basis of advice given herein.