

MEDesign® Natural Wheat Bags

Product Reference NWBL



Description

These Wheat Bags are designed to treat specialised complaints such as back pain, knee injuries and joint disorders.

Their design enables them to deliver warmth and soothing heat to the exact point where it is needed whilst still allowing full freedom of movement to the user.



Microwave Heating Instructions

Place the wheatbag in a microwave. Simply heat in a microwave for 2 minutes at 800 watt or 2½ minutes at 650 watt (based on a microwave with a turntable on full power). Stop halfway through heating cycle and agitate product to ensure even heat distribution.

Cold Pack Instructions

For a cold pack, place the wheatbag in a plastic bag and freeze for at least one hour.

Warning

Heating should be carried out by adults only. Recommended heating times must not be exceeded. Microwaves may malfunction. Ensure your microwave is operating correctly. Always check the temperature of the product by placing against the wrist or elbow prior to use. If heated, do not use in a cot or leave unattended with children under 36 months. As this is a natural product it may feel damp when first heated, this is quite normal and will cease with regular use. Always allow the product to return to room temperature before re-heating. This is to prevent pyrophoric action (undue temperature increase). This is particularly important when the product is to be insulated after heating i.e. used in the same way as a bed warmer thereby kept under bedding or clothing. If you are unsure about using this product, please consult your doctor.

Cleaning

This product is surface washable only. Do not wet.

©, MEDesign Ltd, 2009

Issue K19

