

## MEDesign® Patient Transfer Boards

Product Reference: TB24 & TB30



### Description

The MEDesign® Patient Transfer Board is made from lacquered Birch Ply and is available in two standard lengths (24"/61cm and 30"/76cm). It enables a patient to transfer/slide themselves from one level surface to another e.g. from bed to wheelchair or wheelchair to commode. Tapered ends enable the board to be easily placed underneath the patient, whilst the longer 30" model has two handholds to facilitate positioning and movement along its length.

### Use

Always ensure that there is at least 10cm overlap of the board on each transfer surface and that the patient has good sitting balance - if necessary use the transfer board in conjunction with a transfer or support belt so that a carer can prevent a patient slipping or sliding off the board during use.



The tapered edge of the board should be placed face upwards to facilitate movement of the patient onto the Transfer Board. To ease transfer, ensure that each surface is level and fixed in a secure position i.e. brakes on beds or wheelchairs must be applied before putting the board in position.

When possible, encourage the patient to perform the movement along the board. This can be achieved by using arms and legs to lift the buttocks clear of the transfer board surface and then shuffle the buttocks to the side - a carer can help the patient to do this. Do not try to slide uncovered skin across the surface of the Transfer Board - this could lead to friction burns or marking of the skin. Avoid trapping fingers or skin under the ends of the board.

Avoid using slide sheets or talcum powder on the surface of the board unless a patient is closely supervised - the patient may slip from the board and injure themselves.

### Inspection, Care and Cleaning

Inspect the Transfer Board before each use to ensure it is whole and undamaged and safe to use. It must be removed from service immediately if there is any sign of damage. If in doubt do not use. Clean the board after each use with an approved detergent, rinse well and dry thoroughly. Do not allow a Transfer Board to soak in disinfecting media, do not autoclave a Transfer Board, do not irradiate the Transfer Board.

### Caution

The risks associated with moving and handling tasks are complex. Each situation must be assessed on its own merits. It is unwise for carers just to follow the instructions in our literature without proper assessment of the individual case. MEDesign® cannot accept responsibility for any consequences which may result from decisions made solely upon the basis of advice given herein.

TB24 - Length: 61cm (24") • Width: 21cm (8¼") • Weight: 1.2kg (2½lb)

TB30 - Length: 76cm (30") • Width: 21cm (8¼") • Weight: 1.5kg (3¼lb)

Max User Weight 19st (120kg)

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